### art



#### My First Masterpiece | 12 weeks

This class encourages small muscle development, independence and lots of creativity. We paint, draw, tear and cut paper and create 3 dimensional art. We use lots and lots of glue. Note: We get messy, so please have your child/children wear a painting shirt to all classes. **Note:** a \$8.50 supply fee is due at the first class. Projects change each session.

**Instructor:** Lynne Roznowski **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0104.403	2-4 yrs	Wed	9:15-10:00am	Sept 12	\$68
0105.403	2-4yrs	Wed	12:45-1:30pm	Sept 12	\$68

#### Paint, Paint and More Paint | 12 weeks

This class has been designed to introduce your child to the wonderful world of imagination through paint. Your child will be using an assortment of tools that will help build their motor skills and open their minds to unlimited possibilities. Please bring a painting shirt to all classes. **Note:** A \$6.50 supply fee due at the first class.

**Instructor:** Lynne Roznowski **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0109.403	2-4 yrs	Wed	10:15-11:00am	Sept 12	\$68

#### Upper Case ABC's Through Art | 12 weeks

This fall we are going to work on our upper case letters. Your child will be using crayons, markers, cut outs of mixed media and lots and lots of glue. For 12 weeks we will be working on three letters per class. Cutting will be given to the parents every week for the following week's letters. Your child will love their artwork and will enjoy it for years to come. **Note:** A one-time \$12.00 supply fee is due to the instructor on the first day of class. Kids will receive a notebook to hold their letters.

**Instructor:** Lynne Roznowski **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0118.403	3-5 yrs	Wed	11:30am-12:30pm	Sept 12	\$73

## dance

#### Ballet and Tap "Baby & Me" | 12 weeks

Introduce your child to the world of dance and get your exercise at the same time. You'll stretch, turn, and learn easy fun routines.

**Instructor:** Sandra Aiena Dixon **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0225.403	2-4 yrs	Tue	6:00-6:25pm	Sept 11	\$56
Location: M	cCambridge	Recreation	Center		

12:15-12:40pm Sept 15

Fee

\$56

Activity # Ages Day Time Start

Sat

#### **Bellydance Unity: Mother/Daughter**

#### 11 weeks **NEW**

0204.405 2-4 yrs

Exercise while you enjoy a unique and creative bonding experience with your child. Bellydance is a celebration of feminine unity. It's for girls and women of all ages, shapes and sizes. You don't really have to show your belly to enjoy the benefits of this lovely art. Grandma and Granddaughter pairs are welcome, too.

**Instructor:** Zahra Zuhair **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0201.403	2-3 yrs	Mon	6:30-7:10pm	Sept 10	\$55

#### **Creative Movement for Toddler and Me** | 10 weeks

This class is a fun introduction to beginning ballet, rhythms/movement and tumbling skills. We provide age-appropriate music, fun props, and an action packed class! Children will benefit by building their memory, concentration, coordination, creativity and self confidence, all in a positive environment.

**Instructor:** Webby Dance® Company **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0201.404	1½-2½ yrs	Thu	5:00-5:30pm	Sept 10	\$88

#### My First Dance Class | 12 weeks

Enjoy the discovery and excitement of your child's first experience in the world of dance. Dancers learn basic steps during the warm ups so they can put simple combinations together. The same songs will be used every week to help the dancers learn by repetition, which helps them gain confidence. **Note:** Please wear tennis shoes. A \$5.00 music fee due at the first class.

**Instructor:** Teri Richardson **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0222.403	2-3 yrs	Mon	11:15-11:45am	Sept 10	\$55
0223.403	2-3 yrs	Tue	11:15-11:45am	Sept 11	\$55
0224.403	2-3 yrs	Thu	11:15-11:45am	Sept 13	\$55

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# early childhood development

#### **Adventures and Bedtime Stories** | 9 weeks

Join us in making bedtime fun for children. Activities include singing, dancing, circle time and crafts. There is so much to do before the moon comes up! After all the fun is done, we read a story that is sure to get your little ones ready for bed.

**Instructor:** Recreation Staff **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
0301.410	2-4 yrs	Thu	6:30-7:15pm	Sept 13	\$32

#### **Baby Signing Time** | 4 weeks

Teach your baby to sign! Learn true American Sign Language signs from a certified Signing Time instructor using games and songs based on the award winning PBS series. Signing can promote bonding, encourage speech and eliminate frustration by helping babies communicate earlier and more clearly. Crawlers and early walkers should enroll in younger class.

**Instructor:** Christine Fitzgerald **Location:** Verdugo Recreation Center

#### Session 1: Food, Pets, Family, and Manners

Activity #	Ages	Day	Time	Start	Fee
0310.404	3-12 mos	Thu	10:00-10:45am	Sept 13	\$50
0311.404	1-3 yrs	Thu	11:00-11:45am	Sept 13	\$50
Session 1: I	Fruits and Veg	gies, Farm	ı, Let's Move and Op	posites	
0312.404	3-12 mos	Sat	10:00-10:45am	Sept 15	\$50
0313.404	1-3 yrs	Sat	11:00-11:45am	Sept 15	\$50
0	I I O. I DI.		War David Dad	I D. II.	

#### Session 2: Here I Go!, Playtime, Getting Dressed, Bed and Bath

Activity #	Ages	Day	Time	Start	Fee
0308.404	3-12 mos	Thu	10:00-10:45am	Oct 18	\$50
0309.404	1-3 yrs	Thu	11:00-11:45am	Oct 18	\$50
Session 2: I	Feelings, Outs	ide, Ocear	ı, Colors		
0314.404	3-12 mos	Sat	10:00-10:45am	Oct 20	\$50
0315.404	1-3 yrs	Sat	11:00-11:45am	Oct 20	\$50

#### **Grime Partners** | 4 weeks

This class is for parent and his/her best Grime Fighter! We will explore icky, sticky, ooey and gooey projects each week. Warning – you will get messy! While you and your child explore, you can talk with Parenting Coach, Jennifer Owen. This 35 minute class is a great way to jumpstart fun and creative time with you and your child. **Note:** A \$10 supply fee is due at the first class.

No class on September 25.

Instructor: Jennifer Owen

Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0330.404	2-5 yrs	Tue	11:15-11:50am	Sept 11	\$28
0333.404	2-5 yrs	Tue	11:15-11:50am	Oct 9	\$28

#### Mommy and Me Play and Learn Class | 8 weeks

This fun parent and me class includes an art activity, a circle time with songs and finger play, a felt storyboard told by your child and parachute time. A parenting topic will be introduced each class and there will be class time to speak to Parenting Coach, Jennifer Owen. **Note:** A \$5 supply fee is due at the first class. No class on September 24.

Instructor: Jennifer Owen
Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0331.404	12 mo-2 yrs	Tue	9:15-10:00am	Sept 11	\$48
0332.404	1½-4 yrs	Tue	10:10-10:55am	Sept 11	\$48
0334.404	2 mo-1½ yrs	Wed	9:15-10:00am	Sept 12	\$48
0335.404	1½-5 yrs	Wed	10:50-11:35am	Sept 12	\$48
0336.404	2 mos-5 vrs	Wed	11:45-12:30am	Sept 12	\$48

#### Preschool Fun with Parents Too | 12 weeks

This multi-age class is great for those that have one or more children. Fun crafts, parachute, bubbles, and rug time which include toys, songs and a felt board to encourage your child to have fun while learning. Children also learn to take turns helping and interact with others. **Note:** A \$5.00 supply fee is due at the first class. Younger siblings are welcome if in a stroller or car seat.

**Instructor:** Teri Richardson **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0311.403	1½-3½ yrs	Mon	10:15-11:00am	Sept 10	\$64
0310.403	1½-3½ yrs	Tue	9:15-10:00am	Sept 11	\$64
0312.403	1½-3½ yrs	Tue	10:15-11:00am	Sept 11	\$64
0313.403	1½-3½ yrs	Thu	9:15-10:00am	Sept 13	\$64
0309.403	1½-3½ yrs	Thu	10:15-11:00am	Sept 13	\$64

#### **Preschool Plus with Parents Too** | 12 weeks

We will craft, sing, share, and have hands-on learning with the felt board. Children also create their own "All About Me" Preschool Book of Fun. Children learn to be helpers, interact with others and work alone, which helps bridge from this class to Tiny Tots. **Note:** A \$7.00 new student / \$5.00 returning student supply fee is due at the first class. Craft and felt board begin the 2nd week of the session.

Instructor: Teri Richardson Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0315.403	3-4 yrs	Fri	9:15-10:15am	Sept 14	\$69
0316.403	3-4 vrs	Fri	10:30-11:30am	Sept 14	\$69





#### Storyland Adventures | 8 weeks

This class is where stories come alive. We will read a story then make a craft or a snack relating to the story. There will be a circle time at the end of each class. All new stories this session! **Note:** A \$10 supply fee is due at the first class. No class the week of September 24

Instructor: Jennifer Owen

Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0328.404	2-5 yrs	Tue	12:05-12:40pm	Sept 11	\$48
0329.404	2-5 yrs	Wed	10:05-10:40am	Sept 12	\$48

#### Village Circle Time - Drum! Play! Love! | 10 weeks

A fun music circle that links movement, speech and active music making. Each class builds on a variety of age appropriate rhythmical/melodic activities that boost creativity and improve listening skills, muscle coordination and respectful group interaction. Class size limited to 10 parent/child partners for maximum benefit and enjoyment. **Note:** A \$5 activity fee is due at the first class.

**Instructor:** Beth Lewis **Location:** Olive Recreation Center

Activity # Ages Start Fee Day Time 0321.403 9-15mos 9:15-10:00am \$120 Mon Sept 10 \$120 0322.403 1-2 yrs Mon 10:15-11:00am Sept 10 0323.403 2-3 yrs Mon 11:15am-12:00pm Sept 10 \$120 0324.403 9-15mos \$120 Wed 9:15-10:00am Sept 12 0325.403 1-2 yrs Wed 10:15-11:00am Sept 12 \$120 0326.403 2-5 yrs Wed 11:15am-12:00pm Sept 12 \$120

# martial arts

#### Kinder Karate | 9 weeks

This preparatory program utilizes an age appropriate curriculum and our exclusive Kibukan system to focus on building coordination, confidence, memory and discipline, in a structured goal oriented environment. Students and parents participate in fun Karate games, challenging techniques and healthy exercise designed to build a strong foundation and essential life skills. **Note:** A \$55 start-up fee is due at the first class for new students. One parent must participate with student in every class.

**Instructor:** Masters In Motion

**Location:** McCambridge Recreation Center **New Students/White-Brown Belt** 

Activity #	Ages	Day	Time	Start	Fee
0602.405	3-5 yrs	Tue	5:10-5:50pm	Sept 11	\$103
0601.405	3-5 yrs	Wed	5:10-5:50pm	Sept 12	\$103
0603.405	3-5 yrs	Thu	5:10-5:50pm	Sept 13	\$103

## music

#### Early Childhood Music Class | 8 weeks

Children will be introduced to instruments, creative movement, singing, listening and rhythm. Children will learn songs including holiday, traditional, folk and multicultural. Reading of music will be introduced. This course will help develop awareness in music as well as enhance awareness in math and sciences at a later age.

**Instructor:** Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0315.405	Up to 5 yrs	Wed	9:00-9:45am	Sept 12	\$105
0316.405	2 -5 yrs	Wed	9:50-10:35am	Sept 12	\$105
0312.405	1-2½ yrs	Sat	10:00-10:45am	Sept 15	\$105
0301.405	Up to1½ yrs	Sat	10:50-11:35am	Sept 15	\$105

#### Family Music Night! | 8 weeks

This early childhood music class will introduce children to instruments including orchestral instruments, creative movement, singing, listening and rhythm. This developmentally appropriate music program will enhance the student's awareness of music. Each week students will learn new songs including holiday, traditional, folk and multicultural. Fun for the whole family! **Note:** Price is per person.

**Instructor:** Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0310.405	Up to 5 yrs	Thu	6:00-6:45pm	Sept 13	\$105



# special interest

#### Hikes For Little Tykes | 6 weeks

Take this opportunity to enjoy the natural environment in the Verdugo Mountains. Hikes, nature crafts and new discoveries are all a part of this adventure. Note: Strollers are not recommended for trails. Some classes held at Wildwood Canyon Park. First class meets at Stough Canyon Nature Center. Non-resident fee does not apply to this class.

**Location:** Stough Canyon Nature Center

Instructor: Recreation Staff

Activity #	Ages	Day	Time	Start	Fee
0301.406	2-5 yrs	Sat	9:30-10:30am	Sept 15	\$19

# sports / fitness

#### Baby Gym ∣ 8 weeks

This parent-child course is designed to promote the child's natural physical play. Parent and child interact in a developmental obstacle course that strengthens their muscles, balance and coordination. Together you have fun nurturing your parent/child bond, learning skills and exploring with new gymnastic friends.

Instructor: Ola Gilkey

**Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0401.403	1-2 yrs	Tue	9:15-10:00am	Sept 11	\$110
0402.403	1-2 yrs	Tue	10:00-10:45am	Sept 11	\$110
0403.403	1-2 yrs	Thu	10:00-10:45am	Sept 13	\$110

#### Toddler Gym | 8 weeks

This course allows the little gymnast to do what they like best; jumping, bouncing and rolling. Parents can have fun too or just watch them progress through the course. They also learn how to do new skills, improve their tricks and use equipment designed to free their fun.

Instructor: Ola Gilkey

**Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0410.403	2-3 yrs	Tue	10:45-11:30am	Sept 11	\$110
0411.403	2-3 yrs	Tue	11:30am-12:15pm	Sept 11	\$110
0413.403	2-3 yrs	Thu	9:15-10:00am	Sept 13	\$110
0414.403	3-4 yrs	Thu	10:45-11:30am	Sept 13	\$110
0415.403	2-3 yrs	Thu	11:30am-12:15pm	Sept 13	\$110

